



2020

Course Information

Trinity School for Seniors

Companionship through Learning



Companionship through Learning

For adults 60 years and older

Term One	10 February — 3 April
Term Two	27 April — 19 June
Term Three	3 August — 18 September
Term Four	12 October — 27 November

An Initiative of the Uniting Church in the City

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UNITING CHURCH IN THE CITY TRINITY SCHOOL FOR SENIORS STUDENT CHARTER



The Trinity School for Seniors (TSFS) is a mission outreach of the Uniting Church in the City (UCIC), committed to helping older adults to participate in lifelong learning and to foster and enhance friendship and companionship on this journey. The Trinity School for Seniors functions as an inclusive community facility, to provide education and a mutual support network which meets the physical, emotional, social, intellectual, pastoral and spiritual needs of Seniors in the wider Perth community.

The Uniting Church in the City's vision states:

“On the way with Jesus, to touch and transform the people of Perth, to journey with the wider church, and to engage with our neighbours in the world.”

The objects of the Trinity School for Seniors are to provide:

- **Companionship:** *by conducting activities for students which enhance friendships and the sharing of mutual interests;*
- **Learning:** *through structured learning programmes for students which increase their skills and knowledge and their capacity to contribute meaningfully to community life;*
- **Well-Being:** *through the conduct of activities and structured learning programmes for students which assist them to remain physically and mentally healthy.*

The Trinity School for Seniors School was started in 1979 at Trinity Church celebrating its 40th anniversary in 2019. TSFS currently provides in excess of 110 courses for 600+ students, over five days during a term, and over four terms per year.

PURPOSE

The Student Charter reflects these inter-related visions and is an expression of values and intent. The purpose of the Student Charter is for students of TSFS to understand what it means to be a student at TSFS, and includes the expectations students and staff at TSFS have of each other and the schools role and how it fits into the operation of the UCIC.

EXPECTATIONS

Students can expect the right to:

- Be treated fairly and ethically, with respect, dignity and tolerance;
- Have access to information about TSFS regulations, policies and procedures;
- To learn in a supportive and encouraging environment;
- Have their opinion represented through the Student Voice on all matters affecting students;
- Have opportunities to contribute to the organisational, social and cultural life of TSFS through the Student Voice body, together with opportunities to provide feedback for the improvement of TSFS;
- Representation on the TSFS Committee of Management through the due process for election to that body;
- A safe and healthy environment;
- To have any records concerning them dealt with in ways that are secure, with access restricted to designated persons of TSFS;
- To be given a copy of this charter when first enrolled;

Students have the responsibility to:

- Recognise the rights of others, including the rights of other students covered by this Charter, as well as the rights of staff, tutors and visitors;
- Uphold the reputation of the TSFS while engaged in TSFS activities;
- Respect the UCIC / TSFS property and the property of others;
- Not purport to speak or act on behalf of the TSFS, unless explicitly authorised to do so.

TSFS expects students to:

- Behave in a manner that demonstrates respect, dignity and tolerance towards staff of TSFS, tutors and fellow students;
- Adhere to TSFS rules, regulations, policies and procedures;
- Actively and positively participate in teaching and learning;
- Contribute to the organisational, social and cultural life of the TSFS;
- Regularly attend courses for which they have enrolled.

ART & CRAFT

Material lists can be collected from Reception or emailed to you upon request.

Art

Art (Caren)

Caren Williams

Oil – Acrylic – Drawing – Watercolour

These classes cover the techniques required to create a picture using any of the above media. You may work on your own project with the assistance of an experienced tutor. *Materials list available.*

Art (Jeanne)

Jeanne McWhirter

Watercolour – Oil – Acrylic

From the complete beginner to the more advanced students, this course will cater for all. Ongoing tips and techniques offered to help you advance your skills. *Materials list available.*

Art (Melvyn)

Melvyn Scholtz

Oil – Acrylic – Drawing – Watercolour

This course can offer you comprehensive art tuition at all levels of skill in most mainstream art medias such as: drawing, oil painting, acrylic painting and watercolours. Covering basic fundamental, intermediate and advanced topics. *Materials list available.*

Art (Rod)

Rodney Sinclair

Oil – Acrylic – Watercolour

This course can offer you comprehensive art tuition at all levels of skill in most mainstream art media such as: oil painting, acrylic painting and watercolours. Covering basic fundamental, intermediate and advanced topics. *Materials list available.*

Drawing

Drawing (Caren)

Caren Williams

Explore the fundamentals of drawing, using line, shading and perspective to create form, depth and texture. This class is for beginners and ongoing students. *Materials list available.*

Drawing (Ruth R)

Ruth Robartson

This drawing course aims to give the student a firm basis from which they can move on to colour and paint. That basis consists of training the eye to see and the hand to use the pencil to replicate in a line, drawing the subject. *Materials list available.*

Drawing (Rod)

Rodney Sinclair

Drawing is an indispensable tool for many other fields of creative pursuit. Learning to draw properly will give you a much better chance of achieving the artistic and creative goals you may have, giving you the ability to see and express more efficiently.

Materials list available.

Drawing Beginners (MON)

This drawing course will offer you a good basic beginning in drawing fundamentals and basics.

Drawing Intermediate (TUE)

This drawing course will offer you a progression on your drawing fundamentals.

Drawing Advanced (FRI)

This drawing course will offer ongoing drawing skills, including figure drawing and portraiture.

Drawing Beginners (Vincent)

Vincent Elliott

This drawing course aims to give the student a firm basis from which they can move on to colour and paint – ideal class for the complete beginner. *Materials list available.*

Friday Handcraft Group

Elizabeth Durman

Do you need advice to help with some unfinished craft work, or would you like to start a new project? My main interests are small cross stitch items, knitting and crochet and I have many reference books as a back-up. The group can help with most techniques so why not come along to find out what you can achieve? Please bring your own materials, scissors and needles or let us know your interests.

Multi Media

Jim Larkins

Come to these craft based classes and learn how to compose a picture by gluing fragments of paper, leather and other fabrics combined with painting techniques into an interesting composition. Techniques will include woodcut and dry point etching in combination with mosaics, fabrics, printmaking blocks and various painting mediums. Come along and have some fun whilst learning some new creative artistic expressions. *Materials list available.*

Needlework Social Group

Faye Etherington

Join a group who share and help each other with hand-sewing, patchwork, cross-stitch, knitting, crochet or any other needlework. Bring your own project along and your equipment. If you would like to learn to knit, bring 8ply wool and 4mm/No. 8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook. Note: This class is scheduled from 10am – 2.30pm on Wednesdays and Thursdays during term time. If you enrol for this class you are welcome to stay for the whole day, or come along for any length of time during the class that suits you. This is the only class where this option is available, allowing students to join in around their other classes if they wish.

Oil & Acrylic (Ruth)

Ruth Cohen

Oil or Acrylic painting where the emphasis is on informality, beauty, fun and understanding the energy of art. *Materials list available.*

Oriental Brush Painting - Continued

Beata Fung

An extension of the Beginners' course where students further develop their brush skills and create more intricate designs. This course is designed for students who participated in 2019 or with prior experience. *Materials list available.*

Origami – Paper Folding

George Ho

Origami is the art of paper folding. Learn the techniques to transform a piece of paper into an interesting object, for example a flower, bird or fish. Origami improves hand-eye coordination and fine motor skills. Beginners welcome. *All materials will be provided.*

Painting (Cynthia)

Cynthia Haumann

Students develop their own painting projects with the help of the tutor as required to solve any technical, conceptual or compositional problems. Students will receive both individual and collective tuition. The course aims to give the students the confidence and skills to tackle any painting they are thinking of instead of being limited by a “I can't do that” attitude. *Materials list available.*

Palette Knife Art

Cynthia Haumann

Develop your painting skills using palette knives instead of paint brushes. Students will receive both individual and collective tuition. Students develop their own painting projects with the help of the tutor as required to solve any technical, conceptual or compositional problems. *Materials list available.*

Papercraft

Pam Gatt

Have fun exploring and learning different ways to create cards, bags and boxes from paper and cardboard. Basic materials supplied. A surcharge of \$2 for special card purchases to be paid to the tutor (participation optional). No experience necessary.

Paper Craftwork

Jim Larkins

Come to this craft class and learn the art of creating and making your own paper craftworks – projects include paper sculptures, quilling and/or three-dimensional collages. Come along with your ideas, pick your project and we'll help you develop these ideas into your craftwork. Paper sculptures are created from unwanted books, magazines, envelopes and newspapers by binding them with glue and moulding into three dimensional interesting shapes. Quilling involves moulding paper strips into various shapes such as flowers or animals. Three-dimensional collage projects use existing cardboard structures (boxes) designed and decorated to suit your creative instincts. *Materials list available.*

Porcelain Art

Ruth Robartson

Learn how to decorate porcelain ware. Any design can be painted and porcelain pieces are fired for permanency. Some porcelain ware is available at discounted prices from the tutor. *Basic materials supplied.*

Soft Pastels

Sue McGowan(MON)/ Melvyn Scholtz(TUE)

Sue will teach beginners in the Monday class. The Tuesday class is for ongoing Soft Pastel students. Learn or improve on all subjects - flora/fauna, figure drawing, landscapes and modern art/drawing & sketching as you go. It is a delightful art form which allows you to quickly produce a picture without waiting for paint to dry. *Materials list available.*

Watercolour (Jeanne)

Jeanne McWhirter

This course will cater for the complete beginner to the more advanced student, with ongoing tips and techniques to further your skills. *Materials list available.*

Watercolour, Pen and Wash (Tony)

Tony Turner

A loose approach to drawing and painting. Take on a variety of both simple and complex subjects using free use of pencil, inks and watercolour. *Materials list available.*

Woodcarving

Percy Boyes & Bob Brown

Advanced class

This course serves as a continuation for students who the tutors assess as having satisfactorily completed the course Woodcarving Introduction. These students will be able to continue on projects already started. The course will also be open to new students who are assessed as having adequate experience and knowledge of woodcarving. Students will have a range of options for projects or may bring a project of their own choosing. There will be instruction in basic skills in the use of other small hand tools such as palm gouges and small files, rifflers and rasps. There will also be instruction in the preparation and use of sand paper and other abrasives.

All materials will be provided. Special blanks of wood may be purchased from the tutor at \$2 each. Materials list available.

Introductory class

This course will give beginners practical experience in carving small hand held items with a wood carving knife. The course is designed for beginners with no experience in woodcarving. An interest in trying something new is all you need. *Materials list available.*

FITNESS

Dance

Margaret Edwards

Aspects of dance and movement to music, including set routines and improvisation will be covered in this course.

Fun & Fitness

Val Northcombe

This class includes the use of weights, wall exercises, stretches, ball work, simulation swimming/walking, teamwork and footwork. Join in as much as you are able, exercises adaptable to your ability.

Fit for Life

Harriet Penhey

Your tutor, Harriet, draws upon skills learnt achieving her black belt in karate to offer a range of movements and skillsets with a strong emphasis on mobility and stability on your feet. Discover ways in which you can use simple movements to improve and/or maintain your balance, flexibility and physical movement. Exercise is one of the best things you can do to counter the ageing process, and it doesn't have to be boring. Each session incorporates self-defence, injury prevention, building core strength and flexibility and more. This class does not require you to get up and down from the floor. A great class to gently ease your body into improved movement. Join in with *Fit for Life* and have a few laughs while getting fit!

Five Youth Exercises

Elle Parker

Adapted from Peter Kelder's *Ancient Secret of the Fountain of Youth*, learn this sequence of five exercises to improve stamina, balance and physical abilities, clear energy and unblock chakras. Build each week on these gentle yet effective five core movements. All students welcome to join with no experience necessary. Wear activity appropriate clothing and footwear. Bring yoga mat.

Line Dancing Intermediate

Sue Brett

This is an easy intermediate class which a choreographed dance with a repeated sequence of steps is executed. Wear suitable shoes or boots with smooth soles required (joggers or sandals not advisable). Dancers with experience or have completed a beginner's course previously are welcome. A good level of fitness is required.

Supreme Slow Balance & Exercise

Susanna Johnson

A social walking group, plus slow, easy movements and balance exercises to keep your body moving. Meeting in the Trinity Lunch Room each Friday, as a group walk down to the Supreme Court Gardens. Easy warm up stretches and balance exercises for seniors in the gardens, followed by a social walk around the gardens and surrounding areas to cool down. It will be a 1 hour standing/walking class. Students are welcome to bring walking poles or a walking stick to use while walking or for additional support during balancing exercises. Wear hat, comfortable clothing, flat closed in shoes - and bring a hand towel and a bottle of water.

Tai Chi Qi Gong

Claire Pope

In this class we focus on breathing as we enjoy the easy-to-follow movements. With practice, we can improve leg strength and balance. All students welcome to join with no experience necessary. Wear activity appropriate clothing and footwear.

Tai Chi Chuan

Claire Pope

Tai Chi is a series of slow, controlled movements and is an effective exercise for health and well-being. Tai Chi can help a range of disorders including anxiety, arthritis, fatigue, joint stiffness and stress and can improve posture, flexibility, strength and concentration. Wear activity appropriate clothing and footwear.

- **Tai Chi Chuan Beginners (FRI)** – Suitable for complete beginners wanting to learn the first sequences of Tai Chi Chuan.

- **Tai Chi Chuan Beginners Plus (TUE)** – Suitable for ongoing students who have participated in a beginners Tai Chi Chuan course with Claire for at least two terms or more.

- **Tai Chi Chuan Continued (THU/ FRI)** – Suitable for students who have learnt the sequences taught in Claire's Tai Chi Chuan Beginners class. This class is **not** for beginner Tai Chi Chuan students.

Tap 'n Jazz 'n More!

Jan Hooker

The basis for this class is to explore movement, co-ordination and rhythm. Basic tap dance steps and jazz ballet routines will feature as the major part of the classes, while exploration of some other dance styles may be included from time to time. Ideally, the class will be progressive so that skills taught and developed can be improved and maintained as the year rolls along. There is also an element of 'fun' in all classes. A reasonable level of fitness is required. Comfortable clothing is best with lower legs in clear view (i.e. No long skirts). Must wear enclosed shoes. Footwear will be leather or vinyl soles, as steel taps are not permitted in the Betty Creagh Lounge area. Rubber soles are not recommended. The more flexible the ankle and foot, the easier the learning will be. The technique will be Soft Shoe Shuffle.

For Yoga classes: Please wear comfortable clothing, bring along a yoga mat each week and a covering for relaxation during the colder days.

Yoga

Yoga Intermediate

Gailene Wester

Welcome to a class in Hatha Yoga, intermediate level. This class invites you to work with and be in your body, increase body awareness, using the breath to relax and lengthen tight muscles – never going into pain. Included will be warmups, lengthening movements leading to the simpler Yoga Asanas, breathing techniques, and occasional concentration, bandhas and full relaxation.

Yoga Plus

Virginia Milner

Yoga Plus combines all the gentle yoga stretching moves and relaxation with other gentle exercise modalities for health and wellness. Improve yoga, strength, balance and brain function.

Yoga & Qi Gong

Andy Khong

Combination of Yoga and Qi Gong (Chi Kung) which comprises pranayama (breath control), stretching, mudras (spiritual gestures/energy seals), bandhas (energy locking), sound intonation, meditation, self-massage, self-healing and chakra connection. Plus simple energizing, cleansing, and balancing movements to promote flow of energy to improve your life force and strength of will.

GENERAL

Mindfulness Meditation

Doreen Boss

Meditation is a state of deep relaxation of the body and mind which produces a different level of consciousness than either sleep or wakefulness. It has numerous benefits physically, mentally and emotionally. Meditation enhances well-being, reduces stress and puts day-to-day life into perspective. This class is suitable for all levels.

Walk Around Town

David Dobb

A look at some interesting places within an hour and a half's stroll of the School. Students require a good level of general fitness for walking and climbing stairs. Wear comfortable and appropriate clothing, including a hat, sunglasses and sunscreen and bring along a water bottle. Meet in the Trinity Lunch Room.

LANGUAGES

It is advisable to commence beginner level language courses at the start of the year. These courses are intended to be continued throughout the year.

French

French Beginners MON

Cathleen Palmer

Starting with the basics, this class is for students with none or less than 1 year of French language experience. Whilst concentrating mainly on pronunciation and basic grammar, the aim is to enthuse and inspire, encouraging students to leave anxiety behind and discover the joy of learning a foreign language whilst having fun.

French Beginners WED

Jann Rutherford

This is an introductory course for beginners with limited French language experience. Whilst concentrating mainly on pronunciation and basic grammar, the aim is to enthuse and inspire, encouraging students to leave anxiety behind and discover the joy of learning a foreign language whilst having fun.

French Beginners Plus

Jann Rutherford(WED & THU)/ Cathleen Palmer(MON)

A course for beginners with a small amount of French language knowledge. Emphasis is on practical enjoyment of the French language and culture.

French Intermediate

Christel Bouton(TUE)/Jann Rutherford(WED)

This class is consolidation for those with some understanding of the French language. This class embraces verb conjugation, introduces simple texts and stimulates basic conversation.

French Advanced

Christel Bouton(TUE)/Colin Trestrail(THU)

This course is designed for those with a deeper understanding of verb conjugation and a facility to communicate readily and converse with greater ease. Ideally this class is to be conducted entirely in French.

French 4P

Colin Trestrail

Listening, speaking, reading and writing. Course will include some grammar, culturally-based discussions and readings of poetry and literature. The students in this course are aiming for a high level of spoken French content.

French Conversation

French Conversation WED

Colin Trestrail

A less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group.

French Conversation Advanced THU

Jean-Pierre Bouchard

For experienced French speakers, a less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group. There may be opportunities for individual presentations, if desired.

French through Songs

Colin Trestrail

A different way to improve your French. In this course we will improve our French by looking at the songs of some singers and composers of songs in French, and the times in which they wrote and sang. For each song, we will:

- listen to the song;
- examine the words of the song and discuss their meaning;
- learn/revise some of the points of grammar to be found in the lyrics; and
- talk about our opinions of the song.

We might also discuss the song and how it relates to the time in which it was written and, perhaps, its relevance to today. And, of course, sing the songs.

Vive la France (Formerly French for Improvers)

Diana Dehring

Explore different facets of France and French together. Covers a broad spectrum of French history, geography, travel, culture and language. Participation and sharing of personal experiences will be encouraged. Basic French language conversation skills will be helpful. This course is intended as a complement to your French language studies.

German

German Beginners

Christa Kaltenbrunn-Long

Starting with the basics, this class is for students with none or less than 1 year of German language experience. Let's get you speaking German, less focus on grammar and written language. The aim is to enthuse and inspire, encouraging students to leave anxiety behind and discover the joy of learning a foreign language whilst having fun.

German Beginners Plus

Helmut Engelhard

Continue learning the basics of German. We work with the Usborne Internet linked book *Easy German* by Fiona Chandler, Katie Daynes and Nicole Irving. It is easy to understand with a lot of pictures, learning poems and songs.

German Intermediate

Helmut Engelhard

Continuing with German grammar (present, future, imperfect and perfect), reading, phrases and increasing amount of conversations in German. Extension on grammar, reading and writing – through news, history, art and music in a special German way.

German Discussion Group

Christa Kaltenbrunn-Long

Interessante Diskutier- und Unterhaltungs Stunden mit Christa. A good level of German is required to participate in this discussion group.

German Kaleidoscope

Friedrich Funke

Ein bisschen dies, ein bisschen das ...

We read, translate, discuss German newspaper articles, up-to-date German topics, German short stories and German humour will not be forgotten. 3 – 5 years German language experience required.

Indonesian

Indonesian Beginners

Colin Trestrail

Learn how to speak and listen to some Indonesian such as: meeting people and talking about yourself and family; numbers, colours, time, date, weather, etc.; going shopping or eating out; and more! Have some fun while you learn! New students to commence in Term 1 only.

Indonesian Intermediate

Endang Mooney

For students who have completed Indonesian Beginners or equivalent. This course will include reading, writing, comprehension, grammar, history, tradition and culture.

Indonesian Advanced

Endang Mooney

For students who have completed Indonesian Intermediate or equivalent. This class has an advanced level of reading, writing, listening and speaking skills and will include the history and culture of Indonesia.

Italian

Italian Beginners

Natalie White

This course is an introduction to the Italian language and culture. The emphasis will be on pronouncing and speaking simple but relevant sentences related to everyday life. New students to commence in Term 1 only.

Italian Beginners Plus

Natalie White

For those who have completed the beginners course or those who are resuming study. We continue to open up the language. Grammar is introduced as required.

Italian Intermediate

Natalie White

This course is for those who have completed two or more years of Italian. There will be occasional grammar and increasing frequency of conversation.

Japanese

Japanese 1

Yoshinori Ohtsuka

Introduction to basic Japanese expressions necessary for: greetings, dining out, shopping, visiting Japan, plus cultural do's and don'ts.

Japanese 2

Yoshinori Ohtsuka

Short dialogues, moving on to conversations based on Japanese ways of conducting tasks in different situations and occasions.

Japanese 3

Yoshinori Ohtsuka

Cultural correctness with longer conversations. Contrasting differences between English and Japanese ways of thinking and defining words.

Latin

Latin Intermediate

Ross Angell

This course is for students who have completed at least one full year of Latin language study. This course will offer further practice and drills in basic Latin grammar through class exercises, supplemented by readings in Latin prose of good but simple Latin authors.

Latin Advanced

Ross Angell

For those who have completed at least two years of study of Latin. This course will offer further practice in more complex Latin prose as well as readings in recognised Latin texts in both prose and verse.

Mandarin

Mandarin Beginners

Shirley Sun

No experience/prior knowledge necessary. Introduction to listening skills, simple phrases, greetings as well as a background of culture and history. Basic elements of spoken Mandarin.

Mandarin Beginners Plus

Daniel Lim

Continued learning includes listening skills, simple phrases, greetings as well as a background of culture and history. Increasing elements of spoken Mandarin.

Spanish

Spanish Beginners

Sol Galarza

This is a communicative approach to learning a new language. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

Spanish Beginners Plus

Isabel Lopez

A consolidation class for those with 1-2 years of Spanish language experience, or have completed Spanish 1. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

Spanish Intermediate

Isabel Lopez

An intermediate class for those with 2+ years of Spanish language experience. Discover and learn Spanish culture, etiquette, geography and vocabulary through reading, writing, listening and speaking.

LITERATURE

Book Club

Maxine Kaempf

Read the world through the eyes of writers who love language. Enhances the reader's understanding of what it means to be human. Students help select the books read in this class. *Some library books supplied, or source your own book from your local library or bookstore.*

Creative Writing

Carol Millner

A workshop format class open to writers of all levels. Beginners and experienced writers welcome. A range of writing exercises will be used to assist participants to generate new material.

Join the Discussion

Harriet Penhey

Delving into conversations you might not ordinarily have, "Join the Discussion" will cover robust conversation topics to entice vigorous debate. Join Harriet for passionate discussions on various social issues with an open-minded, respectful consideration for all participants' opinions and perspectives. It's a fascinating process of looking at where we get our ideas from, how our life experiences influence our perspective on social issues and perhaps even change our mind based on shared perspectives or ideas discussed.

Let's Talk

Friedrich Funke

Topics are everywhere, let's find them! From the serious to the light-hearted topics, come along and let's talk.

Life Matters

Murray Cox

A discussion group looking at the social and emotional issues which touch our lives. A preparation guide is distributed a week in advance to help everyone focus on the topic of the day. The discussion format is initially structured, followed by an open-ended style. This class promises to be both stimulating and useful. Access to the internet for research will be helpful. See the TSFS website for a detailed course description. Suitable for students with all levels of language ability.

Life Writing

Ruth Newman(WED)/Anne Baines(MON)

Students explore aspects of memoir writing and strategies for recording the journey of their personal experiences.

Manuscript Development

Carol Millner

This course is designed for people who have already started a manuscript and are interested in developing it further. Emphasis will be placed on developing your work into a book length project.

Poetry

Poetry Pot Pourri

Kevin Byrne

This course is intended to entertain and educate in the field of English poetry. No previous experience necessary.

Poetry On Air

Kevin Byrne

Come along to listen to poetry and drama through the years. No previous experience necessary.

THE ARTS

Music Appreciation

Ian Fairnie

Come expand your musical experience by listening to a great variety of classical music from the Renaissance period (1400-1550) through to the present day.

Piano

Jay McElroy

Learn the fundamentals of playing piano. Be able to name and find any note with confidence on the piano as well as demystify the secret of reading music. Combining very simple approaches to understanding the fundamentals of music as well as practical technical support, you will be well on your way to playing the songs of your dreams in no time!

Sing Along

Cathleen Palmer

A fun class for singers and non-singers. All welcome. A variety of songs each week, representing different eras and styles.

The World of Opera and Operetta

Colin Trestrail

Did you ever wonder why no one was sleeping “Nessun Dorma” or if all women are fickle “La donna e mobile” or if there was only one fine day “Un bel di” and what are the qualities of a “Modern Major-General”? This class will explore the plots, songs, composers and singers of some of the world’s best-loved operas and operettas. Over two or three classes for each work, we will enjoy a performance and take the opportunity to share our ideas about the themes and the performances. This is intended to be a real shared exploration of some of the best entertainment ever written and performed.

TSFS Choir

Harriet Weare

New students will never have a problem of fitting into this class as everyone learns to sing up and sing loud! Open to all students who are looking for a challenge through singing, even if you believe you cannot sing. Classes involve singing warm-ups in unison as well as in harmony. *Please note: an additional small monetary contribution required to cover photocopying and the odd CD accompaniment.*

Ukulele

Ukulele Beginners

Joe Wisniewski

This is a good time to start learning to play one of the world's most popular instruments because, most people who have one, can get a tune out of it. You may have one lying around the house, or know someone who might lend you theirs. For those who do not have a uke come to the first class to find out what to look for. Come along with or without a uke and find out your hidden talent. The class will start with a step-by-step introduction to the ukulele, how to tune the ukulele and then you will learn chords. Some chords only use one or two fingers. Then we pick a song and play together, learning more as we go. If you can sing, bonus!

Ukulele Advanced

Joe Wisniewski

This class is for those who have been playing for a while to advance to the next level.

RECREATIONAL

Bridge

Bridge for Beginners

Sandra & Don Sutton-Mattocks

Learn the basics of bridge; the play, the bidding and scoring in a fun, relaxed class. Great for brain health and friendship. After completing one term of this class, students will have confidence in their knowledge of the game to move to an intermediate class or a bridge club.

Bridge for Beginners & Improvers

Sandra & Don Sutton-Mattocks

Learn the game of bridge; the play, the bidding and scoring in a fun, relaxed class. Great for brain health and friendship. All levels of Bridge experience welcome; from the beginner to advanced students.

Canasta Five

Canasta Five MON All Skill Levels

Barry Etherington

Canasta Five is a very popular, sociable and enjoyable card game that will keep your mind active whilst enjoying the company of others. Beginners are very warmly welcomed, right through to advanced players. Whenever possible, partner Canasta is played (dependent upon the total number of persons attending at any one time) though this cannot be guaranteed.

Canasta Five WED – Beginners

Penny Searle Hellens

Canasta Five is a very popular, sociable and enjoyable card game that will keep your mind active whilst enjoying the company of others. Beginners are very warmly welcomed. If you have not tried it before – why not try it now! **NOTE** This class is only available in Term 1.

Canasta Five Club WED – Experienced Players

This class is designed for experienced players as there is no tuition in this class. It is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. Whenever possible, partner Canasta is played (dependent upon the total number of persons attending at any one time) though this cannot be guaranteed.

Chess

David Dobb

If you would love to learn how to beat your grandchildren at chess, come and join us. Fine tune the strategies and skills needed to checkmate your opponent's King. Playing Chess is great way to keep your mind sharp by trying new tactics and strategies. Beginners welcome. Players need perseverance and patience!

Chinese Mahjong

Chinese Mahjong Beginners

Eenie Khoo

Learn the basics of playing Chinese Mahjong. See information on Chinese Mahjong. It is recommended for students with no prior experience to attend this beginner's class for one term, and then move into the Chinese Mahjong Continued class thereafter.

Chinese Mahjong Continued

Eenie Khoo

Chinese Mahjong is a game of skill, strategy, calculation and to a certain degree, luck! Learn how to play this intriguing brain game, which not only is fun to play but also stimulates the brain and enhances memory and attention. Chinese Mahjong based on the Cantonese version will be played. Malaysian/Singaporean style gameplay, rules and scoring system are used. Experienced players welcome. No beginners.

Cryptic Crosswords

Edward Reeves

Come along to solve cryptic crossword puzzles as a group. Learn about the history of Cryptic Crossword puzzles, the parts of a cryptic clue and types of cryptic clues with examples. More puzzles to solve at home and discuss solutions the following week. *Students need to bring paper, pen, pencil, eraser and a switched-on brain, if possible.*

Mahjong (Western Version)

Mahjong Beginners (Western Version)

Jim Larkins

Learn how to play the western version of Mahjong, improve your skills, stimulate your brain and meet new people in a relaxed, friendly setting.

Mahjong – Beginners and Intermediate (Western Version)

Penny Searle Hellens

All skill levels are very welcome. Learn, improve or just apply your skills in the ancient Chinese game. This intriguing game will stimulate your brain, improve your memory and offer an opportunity to meet new people in a relaxed, friendly setting. If you have not tried playing Mahjong before, now is the time for you to try it!

Mahjong Club - Experienced Players (Western Version)

Glennis Green

This class is designed for advanced players as there is no tuition. Regular attendees of this class are very experienced and fairly fast players. If you are an experienced player, or an intermediate player who would like to improve on speed, then this is the class for you. It is also an opportunity to meet other experienced players in a friendly setting.

Numero

Daphne Davies

A card game using numbers. Numero can be played at seven levels of difficulty. An excellent game for brain fitness. All welcome and students may start at any time during the term.

Scrabble Club

Daphne Davies

This class is a social club for those with an interest in playing scrabble without the assistance of a tutor. Students challenge and learn from each other – beginners are welcome and can start any time during the term. Improve your word power and have fun at the same time. Note: This class is scheduled from 9am – 12pm on Mondays during term time. If you enrol for this class you are welcome to stay for the whole session, or come along for any length of time during the class that suits you. This is the only class where this option is available, allowing students to join in around their other classes if they wish.

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ENROLMENT POLICIES

Membership Fee \$80 per term

Membership Fee allows enrolment in three (3) courses per term. To enrol in more than three (3) courses, a surcharge of \$20 per course will apply.

Enrolment is limited to 2 art classes per student each term. Participants must be 60 years or older.

PAYMENTS

Fees are payable by cash, cheque, EFTPOS.

Please make cheques payable to: **Uniting Church in the City**

REFUND POLICY

Withdrawals prior to the commencement of term will be refunded the fee, deducting a \$5.00 administrative fee for processing the reimbursement cheque. No refunds will be given due to non-attendance after the commencement of term.

ABSENTEE POLICY

If a student is absent from a fully booked class for 3 consecutive weeks or more without explanation, their place in the class will be offered to the next student on the waiting list.

To prevent losing your place in a class, please notify your tutor or Reception regarding absences/extended holiday arrangements in advance. Any late notice absences can be communicated to Reception by telephone or email. If you have not been attending classes for genuine extenuating circumstances, upon return to TSFS, Admin staff will do their best to accommodate you back in your usual classes.

WAITING LISTS

Due to high demand for some courses, once a course is fully booked students will be placed on a waiting list. As soon as a vacancy arises, TSFS admin staff will contact the next student on the waiting list to offer a place in the class.

ENROLMENT PERIODS

Enrolments for the 2020 school year will commence processing from **Monday 25 November 2019** for existing students only.

New students' enrolment forms will be processed after the first batch of enrolment forms belonging to existing students (submitted 18-24 November 2019) have been processed. This allows our existing members the first 7 days from Monday 18 November to submit their enrolments and secure their preferred classes before new students are processed.

Enrolments remain open for the entire school year. Students may make changes to their selected courses at any time, subject to course availability.

RIGHTS IN RELATION TO GRIEVANCES

Every student has the right to:

- Be able to register a complaint or grievance against any learning procedure, administrative procedure, perceived discrimination or harassment or the abolition or suspension of any right set out in the Student Charter;
- A clearly documented process for dealing with a grievance which is confidential, non-discriminatory, unbiased and accountable; offers the opportunity to be accompanied to meetings by a person of their choice; and leads to a resolution within a reasonable timeframe; and,
- To receive reasons for resulting decisions, and to experience no repercussions as a result of participation in the process.

Further details on the UCIC Policies and Procedures for Grievance for TSFS are available from TSFS Reception.

DECLARATION

By submitting an enrolment form, you agree to abide by the following declaration:

- I declare that the information I have provided is correct.
- I understand that my personal information will be handled in accordance with the Privacy Act legislation.
- I support Trinity School for Seniors' Code of Conduct and commit to supporting TSFS in maintaining a safe place for all, treating all students and staff with respect and caring for the well-being of the community.
- I have read and agree to abide by the TSFS Student Charter and Student Handbook. These documents can be viewed at www.perthunitingchurch.org.au/tsfs-student-charter, or collect from TSFS Reception.

HOW TO SUBMIT YOUR ENROLMENT FORM:

Drop Box



Reception, Level 1
Trinity Arcade
72 St Georges Terrace
PERTH

Place completed enrolment form (with payment securely attached) in Drop Box located in Reception.

Email to:



Reception@tsfs.org.au

Mail to:



Trinity School for Seniors
PO Box X2222
PERTH WA 6847

CLASSROOM LOCATIONS

A number of classes will continue to be held at a second location in 2019 – the Queen’s Building is a 5-10 minute walk through the city so please consider travel time between classes when choosing your timetable. The building location for each class can be identified on your timetable - see the coding next to room description on your timetable.

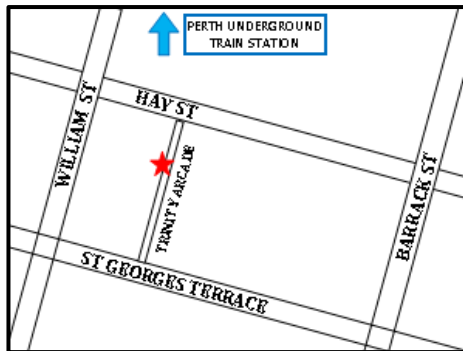
Q = Queen’s Building

T = Trinity Building

Trinity Building – 72 St Georges Terrace, Perth

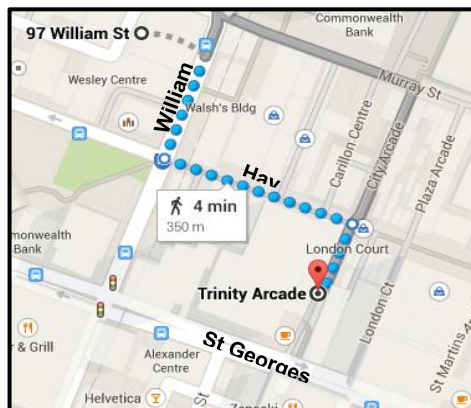
Reception is located on Level 1, Trinity Arcade

All classrooms are located on the Ground Floor, Trinity Arcade



Queen’s Building – 97 William Street, Perth

All classrooms are located on Level 1



Please note: Any queries whilst attending classes at the Queen’s Building must be directed to Reception in the Trinity Building. Please **DO NOT** refer to the UCIC Reception Office.



Trinity School for Seniors

Companionship through Learning

Level 1 Trinity Arcade, 72 St Georges Terrace, Perth WA 6000

PO Box X2222, Perth WA 6847

(08) 9483 1333 | Reception@tsfs.org.au

www.perthunitingchurch.org.au

Office Hours: Monday to Friday 9am – 3pm (during term dates)